

# Health Syllabus



*Coach ELLIS*

In our study of **Health** the class will provide information needed to make important decisions about health, wellness, and individual lifestyle. Topics related to health such as personal health and wellness, social and emotional health, safety, nutrition and physical activity, alcohol/tobacco/other drugs, HIV and STI's Prevention, and sexuality education will be discussed. Emphasis will be placed on the student's acquiring knowledge and assuming responsibility for one's own health.

## Goal

The overall goal of this course is for students to learn about a wide variety of health topics and be able make positive health decisions for themselves in the future based on the information that is presented to them.

## Materials Needed for Class:

Pencils or Pens (blue or black ink)  
Notebook Paper

## Late Work Policy:

**Late Work is not acceptable!** All assignments are due on the **Due Date**. Assignments can be turned in **one class period past** the due date, but will be graded starting from a **70**. No assignments will be accepted after one class period past the due date.

## Google Classroom

To access google classroom: Log into google account and choose google classroom. Use class code to join class.  
**Class Code:** \_\_\_\_\_

**Contact Information:** Email- [blane.ellis@boerneisd.net](mailto:blane.ellis@boerneisd.net)